

General Meeting #2



09/24/19

Agenda

- **Welcome**
 - **Dues**
 - **Kahoot Time**
 - **Schedule**
 - **Safety First**
 - **Arbiter**
 - **Breakout Sessions**
-

Dues

Duayne Guile

\$140

(full member)

\$70

(associate member)



Checks payable to: SDCWOA



Kahoot

Dale Hanover

Kahoot!



Schedule

Steve Faust

General Meetings

October 8th

October 22nd

November 12th

December 2nd

January 7th

February 4th



Schedule

Steve Faust

Other Training Opportunities

Sept. 28th

SDIKWA Tournament

Oct. 5th

CIF Rules Interpretation

Oct. 12th

“Rookie on the Mat”

Oct. 12th

SDIKWA Tournament

Oct. 26th

SDIKWA Tournament

Oct. 29th

Coaches/Officials Social*

Nov. 5th

NFHS Test Review

Nov. 9th

SDIKWA Tournament

Nov. 15/16th

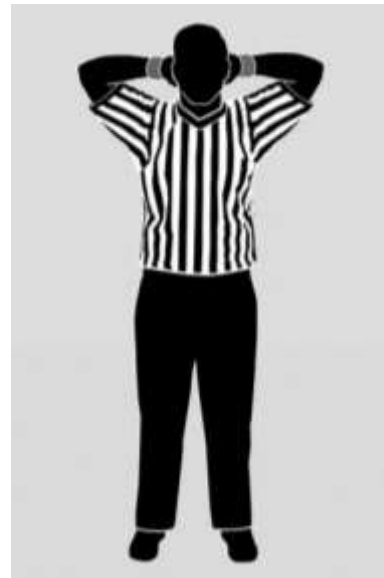
Evaluation Tournament*



Safety First

Steve Faust

Potentially Dangerous vs. Illegal Hold



Illegal Hold



Illegal Holds/Maneuvers (Rule 5, Section 14)

ART 1... Any hold/maneuver used is such a way as to endanger life and limb is illegal. Holds/maneuvers are illegal when a body part is forced beyond the limit of normal range of movement or when unnecessary force is applied to an opponent (7-1).

ART 2... Any hold/maneuver with pressure exerted over the opponent's mouth, nose, throat or neck that restricts breathing or circulation is illegal.

Remember there are Holds/Maneuvers that are **Illegal by application** (NO Potentially Dangerous warning) and the official should go straight to Illegal Hold) per Rule 7, Section 1

7.1.1 ... Slam

7.1.2 ... Full Straight-back Suplay

7.1.3 ... Intentional Drill/forceful fall-back

7.1.4 ... Pulling back opponents thumb (or 1, 2, or 3 fingers)

7.1.5 ... other illegal holds/maneuvers per Rule 7.1.5a-y

Potentially Dangerous



Potentially Dangerous Holds/Maneuvers (Rule 5, Section 20)

Potentially dangerous holds/maneuvers include any hold/maneuver which may cause injury when used illegally. Hold/maneuvers become potentially dangerous when a body part is forced to the limit or normal range of movement. The wrestler applying such a hold/maneuver shall be verbally cautioned against forcing it into an illegal position. If the offensive wrestler causes a potentially dangerous hold/maneuver to become illegal, the wrestler shall be penalized according to the Penalty Chart.

Rule 7, Section 2: Art 1-3 ... Potentially Dangerous Holds/Maneuvers

Rule 7, Section 2, Art 4 ... No contestant should ever be put in a position where they must forfeit a neutral position, a position of advantage or a fall because of an injury or danger to life or limb. The referee shall promptly stop any and all holds/maneuvers which are being used for punishment. If a legitimate hold/maneuver is forced to such an extent as to endanger a contestant, or if it becomes a punishing hold/maneuver, the referee shall stop the match in order to require the hold/maneuver to be broken. The match shall be restarted a following out of bounds.

Potentially Dangerous



Emphasis is on maintaining [Wrestler Safety](#)

Keep in mind that in some instances the degree to which an official responds to a Potentially Dangerous situation may (and should) vary based on wrestling level, action throughout the match, or even the official's experience.

Example:

Situation: Standing Rear Control with Arm Trapped

Novice: Stop Action for PD right away

High Level: “Keep It Legal” and allow wrestlers to continue if self-correcting



Potentially Dangerous



Situation	What to Watch For	Position	Official's Actions
Front Bridge (over extended back bridge)			
Standing Rear Control with Defensive Wrestler's Arm(s) Trapped			
Defensive Wrestler stands supporting all of Offensive Wrestler's weight			
Arm Bar			
Chicken Wing			
Leg Ride with Half or other twisting maneuver trying to turn defensive wrestler			
Guillotine...			
Toeholds			
Front Headlock or any headlock with arm or leg encircled			
Anytime pressure going against the natural movement of a joint			

Potentially Dangerous



Review **Illustrations** section in **back of Rule Book** for other situation to be aware of for both Potentially Dangerous and Illegal Holds.

Officials' Responsibilities –

*Monitor action in such a way as to be able to **identify** and **correct/stop** any Potentially Dangerous hold/maneuver before it either becomes illegal or causes injury to a wrestler.*

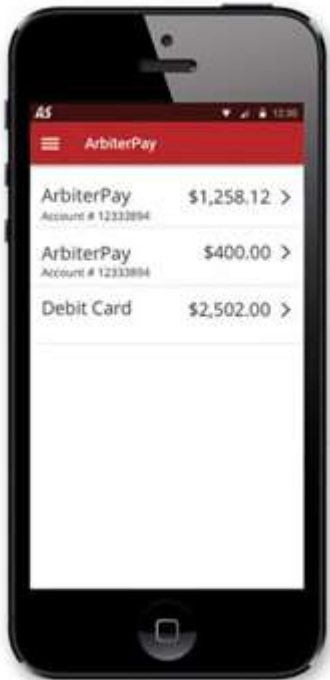
Arbiter

Jim Davis

ArbiterSports™

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Questions?



Break Out Sessions

Rookies Next Door

Veterans Stay Here

Helping Others

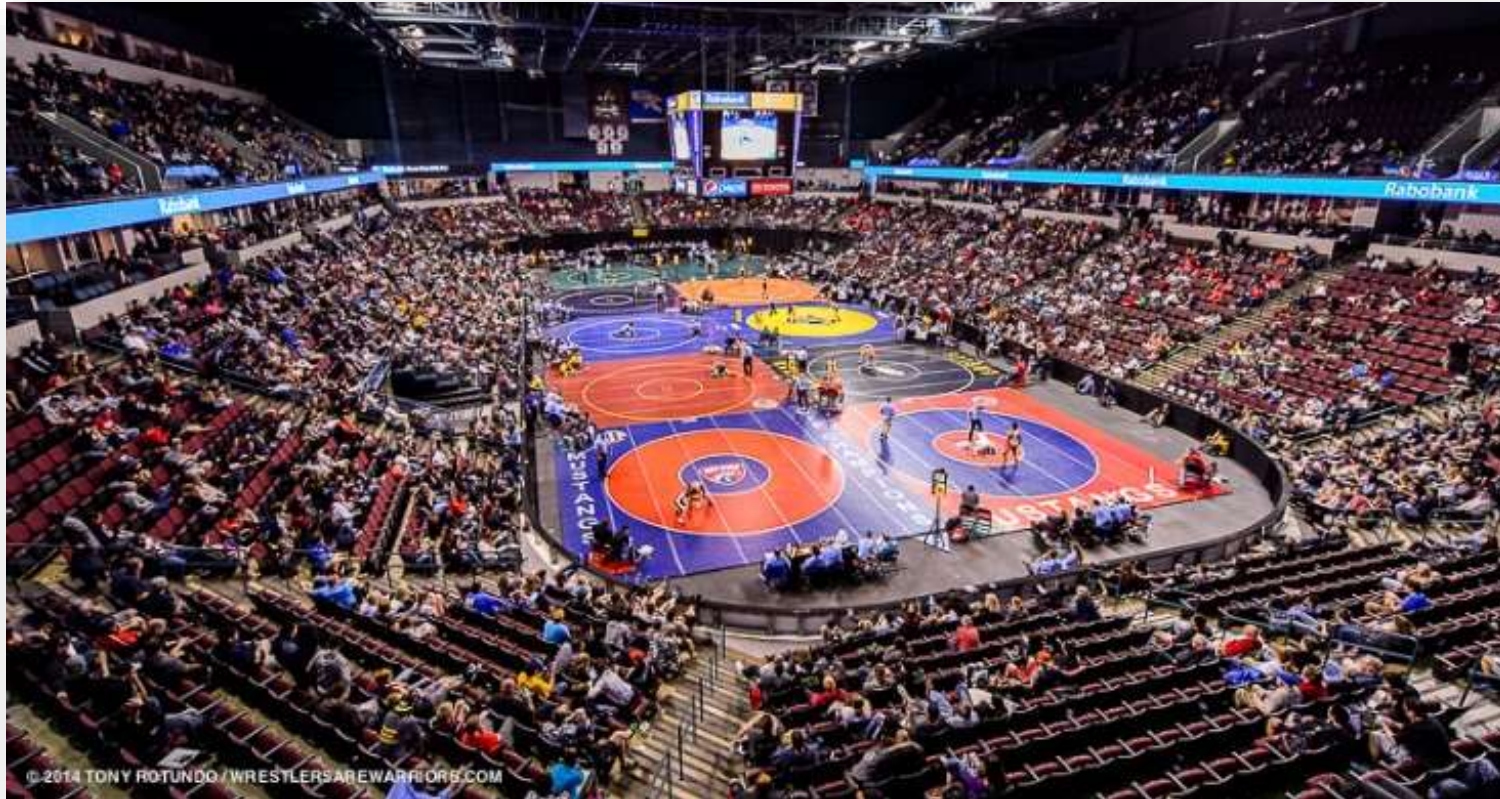
Dale Hanover

**How would you
suggest for others
to improve on these
areas?**



Master & State Apps

Jim Davis



Head Ref Responsibilities

Sergio Cortez

Before Tournament

- Contact School to confirm time of event**
- Confirm with each official**
- Review Rule changes**

Upon arrival

- Introduce yourself to the head coach or tournament director**
- Check the mat area**
- Look for mat markings**
- Look for safety concerns**
- Check location of team benches**
- Check location of scorer's table and scoreboard**



Head Ref Responsibilities

Sergio Cortez

Tournament

- Meet with your officiating crew and review rotation, rules changes, etc.**
- Review how challenges will be handled**
- Ask who would like to volunteer to leave early once mats are broken down**
- Obtain vouchers form Tournament Director to calculate fees for each official**

Dual Meets

- Groom check in locker room**
- Meet with head coaches and captains from both teams before a dual meet**
- Review rules changes and ask if there are any questions**
- Have them introduce themselves Toss the disk to determine choice of odd or even matches**
- Remind them what weight class the meet will start at**
- Remind all team personnel there is zero tolerance for unsportsmanlike conduct**
- Remind coaches about restriction to bench during the match**



Head Ref Responsibilities

Sergio Cortez

During a challenge

Meet with the coach and ask what he/her is challenging

Meet with official to understand the application of the rule

If applicable, review the rule with the official to ensure proper application of the rule

Mat official to make final decision on the call

Head official role is not to reverse a call



Post-Season Committee

Mark Dexter & Steve Faust

This committee will help select post-season assignments and CA State Meet applicants



YouTube Channel

Dale Hanover

- **Our goal is to use video to continue to improve**
- **We have set up a YouTube Channel “SDCWOA”**
- **You can upload/add your or other videos to the channel for discussion and review**
- **You will need to become a collaborator. I sent out an email to all active members. Please accept the link and you will be allowed to upload your own content. If you need another invite please email me at dalehanover@yahoo.com**



Reminder

- **Dues are due now to Duayne**
 - **Next general meeting Oct. 8th**
 - **CA State Rules Meeting Oct. 5th**
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Questions?

